



Oak Ridge Gastroenterology Associates

Physicians Plaza
988 Oak Ridge Turnpike, Suite 200
Oak Ridge, Tennessee 37830

865-483-4366

_____, M.D.

2 Day Bowel Prep

- Follow the Clear Liquid Diet for 2 days (see attached)
- Starting _____
 8 am — Magnesium Citrate, drink 10 oz.
 4 pm — Take 4 Dulcolax laxative tablets
- On _____ drink clear liquids all day
 Mix laxative with water and refrigerate.
 4 pm — Drink one (8 oz) glass of laxative every 15 minutes until it is gone.
- Nothing to drink after midnight.

Your procedure is scheduled at:

Endoscopy Center of Oak Ridge
Physicians Plaza, Suite 220
865-483-4366

MMC
Outpatient Reg.

Date: _____

Time: _____